



3k Relays & BBQ

In memory of Sean Allen

Tuesday 21st June 2016 @ The Heath Sports Club

This event is one of the great club events for all runners of all abilities to participate as part of a mixed ability team. Winning team is decided on a handicap system.

BBQ £6.50 per person

See website for booking form.

Bookings to be completed by
Tue 14th June. For more info
speak to Nic or Robin



**Please be at The Heath by 6.30pm – Relays starts at 7pm prompt.
BBQ will be served from 8.15pm – seating in Heath Sports Bar**